

# 2019 Class Time Schedule Changes

Effective Wednesday January 2nd, 2019

Mon	Tue	Wed	Thu	Fri	Sat
<u>Tigers</u> 5:00pm	<u>Tigers</u> <del>4:15</del> 5:30pm (Cancelled)	<u><b>Tigers</b></u> <b>5:00pm</b> (New)	<u>Tigers</u> <del>4:15</del> 5:30pm (Cancelled)	<u>Tae Kwon Do</u> 5:00pm	<u>Hap Ki Ye</u> 8:30am
<u>Tae Kwon Do</u> 11:00am 6:00pm*	<u>Panda</u> 5:30 & 6:00pm  <u>Tae Kwon Do</u> 5:30pm*	<u>Tae Kwon Do</u> 11:00am 6:00pm*	<u>Panda</u> 5:30 & 6:00pm  <u>Tae Kwon Do</u> 5:30pm*	<u>Hap Ki Ye</u> 5:00pm	<u>Black Belt Class</u> 9:45am (1st Gup Brown Belt and Above; Last Saturday of each month, Red Belts and Above)

All class times are one hour, except during Tae Kwon Do\* or Black Belt classes. Back Belt class length varies, but will be approximately 90 min for all students. \*Tae Kwon Do classes marked with an \* will include an additional 30 minutes of instruction for Blue-Black Belts.

## Changes Shown in RED

TaeKwon Do—Open to all ranks, recommended to be at least 8 years old or a blue belt

Tigers— Children's class for ages as young as 5 (white belts age 5 and 6 will start in Panda Class)

Panda—Children's white belt classes for 4 , 5, and 6 year olds