

FEBRUARY 2019



“Love yourself and be proud of everything that you do, even your mistakes. Because even mistakes mean you’re trying!” -Unknown

MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2 Promotion Day
4 CLOSED FOR CLEANING	5	6	7 Tigers In-Class Make-Up Promotion Testing	8 All Belts Make-Up Promotion Testing 5pm	9
11	12	13	14	15	16
18	19	20	21	22	23 Black Belt Class Includes Red Belt and Above
25	26	27	28	1	2

Notes for this month:

- **Promotions** will be held on February 2nd. Pre-testing will begin on January 28th. Remember, T-shirts are not allowed during promotion. Please only wear your doboks with patches on. Testing times, listed by CURRENT RANK, are at www.chungkim.com.
- Please do not come to class if you are ill. Stay home, rest to get better. Please don't risk the health of your fellow students!
- Be mindful of adverse weather conditions this time of year. If the roads are not safe, stay home. We will post any closings on the Chung Kim's Facebook Page. You may also call the school.
- Please feel free to contact any of the instructors or use the email below to voice any questions, comments, or concerns. We would be more than happy to set a time to meet with you.

Weekly Class Schedule

	MON	TUE	WED	THU	FRI	SAT
	<u>Tigers</u> 5pm	<u>Tigers</u> 5:30pm	<u>Tigers</u> 5pm (New)	<u>Tigers</u> 5:30pm	<u>Tae Kwon Do</u> 5pm	<u>Hap Ki Ye</u> 8:30am
	<u>Tae Kwon Do</u> 11am, 6pm*	<u>Tae Kwon Do</u> 5:30pm*	<u>Tae Kwon Do</u> 11am, 6pm*	<u>Tae Kwon Do</u> 5:30pm*	<u>Hap Ki Ye</u> 5pm	<u>Black Belt Class</u> 9:45am (1st Gup Brown Belt and Above unless indicated above)
	<u>Women's Self Defense 5pm***</u>	Little Pandas 5:30 and 6 pm**		Little Pandas 5:30 and 6 pm**		
	All class times are one hour, except during Tae Kwon Do* or Black Belt classes. Black Belt class length varies, but will be approximately 90 min for all students. *Tae Kwon Do classes marked with an * will include an additional 30 minutes for Blue-Black Belts. **Little Pandas class is a 30 minutes class. ***Women's Self Defense is 1 hour class.					
	<u>Tae Kwon Do</u> 6pm	<u>Tae Kwon Do</u> 6pm	<u>Tae Kwon Do</u> 6pm	<u>Tae Kwon Do</u> 6pm	<u>Tae Kwon Do</u> 6pm	



**CHUNG KIM'S
BLACK BELT ACADEMY**
chungkim.com

1423 18th Street Bettendorf, IA
1912 Brady Street, Davenport, IA
(563) 359-7000
ChungKimTKD@gmail.com