

# Chung Kim's 47th Annual US Open Metropolitan Tae Kwon Do Championship

Bettendorf  
High School Gymnasium  
Bettendorf, IA

# SATURDAY, April 27th, 2019



• Weapons Forms (no live blades)  
• Forms • Point Sparring • Board Breaking  
• Youth Divisions • Adult & Senior Divisions  
• Challenge Division

ONE OF THE  
MIDWEST'S LARGEST &  
MOST PRESTIGIOUS MARTIAL ART TOURNAMENTS

#### REGISTRATION FEES:

\$55.00 per contestant for event,  
\$60.00 for any two events,  
\$65.00 for any three events, or  
\$70.00 for four events (forms, fighting,  
breaking, and weapons forms).  
Payment to accompany entry form.

#### ADMISSION:

Children under 12 \$2.00  
Adults (12 & over) \$3.50  
Children under 5 and Senior Citizens  
(65 & above) admitted free.

#### MEETING:

A rules meeting will be held at 9:30 a.m.  
All instructors, referees and Black Belts  
MUST BE PRESENT.

**FAMILY DISCOUNT:**  
When two children preregister  
for 3 events each,  
**PARENTS COMPETE FOR FREE!**

**"GRAND CHAMPION" TROPHIES**  
awarded for:

- Youth Forms
- Color Belt Weapons Forms
- Adult Forms
- Black Belt Weapons Forms
- Black Belt Men Fighting

Pre-register  
on-line or at Chung Kim's  
by April 6th, 2019 and  
**RECEIVE 10% OFF  
REGISTRATION FEE**

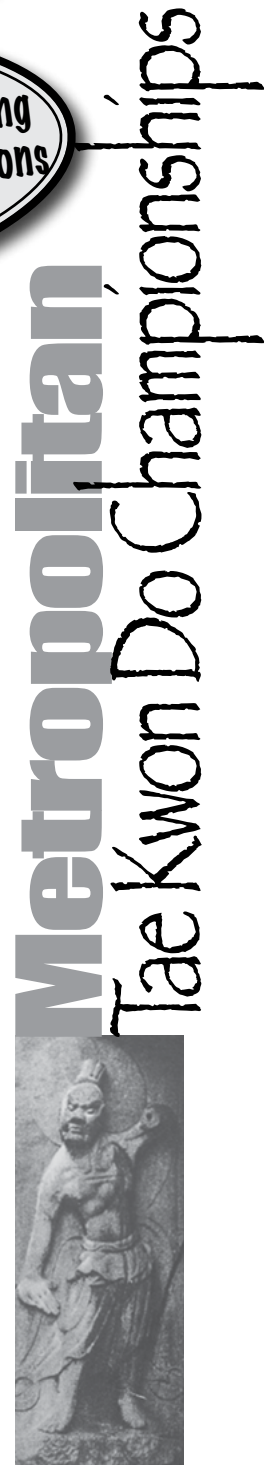


CALL 563-359-7000 for details

**Chung Kim's Black Belt Academy**

1423 18th Street, Bettendorf, IA 52722 USA  
Fax: 563-355-7299

[chungkim.com](http://chungkim.com)



# Competition Divisions

**Physically Challenged / Developmentally Disabled Division**  
(Breaking & Forms only) - Division for males and females of all ages and belt colors.  
1st, 2nd, & 3rd place awarded.

## FIGHTING

### Men's Fighting (18 - 34)

<b>Black Belt</b>	
Lightweight	1st, 2nd, 3rd
Middleweight	1st, 2nd, 3rd
Lighthheavy	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>Brown/Red Belt</b>	
Lightweight	1st, 2nd, 3rd
Middleweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>Blue Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>Green Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>White/Yellow/Orange Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

### Women's Fighting (18 - 34)

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Juniors Fighting (14, 15, 16, 17 years, boys)

<b>Black Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>Brown/Red Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Juniors Fighting (14, 15, 16, 17 years, girls)

<b>Black Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

<b>Brown/Red Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd

Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Pee Wee Fighting (11, 12, 13 years, boys and girls together)

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Mini Pee Wee Fighting (8, 9, 10 years, boys and girls together)

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Sub Mini Pee Wee Fighting (5, 6, 7 years, boys and girls together)

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Seniors Fighting (Separate M/W Divisions) (age 50 and over)

Black Belt	1st, 2nd, 3rd
Brown/Red/Blue Belt	1st, 2nd, 3rd
White/Yellow/Orange/Green Belt	1st, 2nd, 3rd

### Executive Men's (35 - 49)

<b>Black Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Green/Blue Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Executive Women's (35 - 49)

<b>Black Belt</b>	
Lightweight	1st, 2nd, 3rd
Heavyweight	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Green/Blue Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

# WEAPONS FORMS

Color Belt, all ages will compete in a Grand Champion elimination format.  
Black Belt, all ages will compete in a Grand Champion elimination format.

## FORMS

### Men, Hyung (Form) Age 18 - 49

Black Belt (1st and 2nd Degree)	1st, 2nd, 3rd
Black Belt (3rd and 4th Degree)	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Women Form / Age 18 - 49

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Juniors Form (Boys & Girls)

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Pee Wee Form

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Mini Pee Wee Form

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Sub Mini Pee Wee Form

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Senior Form (All Belts 50 and over)

Black Belt	1st, 2nd, 3rd
Brown/Red/Blue Belt	1st, 2nd, 3rd
White/Yellow/Orange/Green Belt	1st, 2nd, 3rd

## BREAKING - See Tournament Rules

### Men Breaking / Age 18 - 49 - 12" pine boards

Black Belt (1st and 2nd Degree) - 4 board max.	1st, 2nd, 3rd
Black Belt (3rd and 4th Degree) - 4 board max.	1st, 2nd, 3rd
Brown/Red Belt - 2 board max.	1st, 2nd, 3rd
Blue Belt - 2 board max.	1st, 2nd, 3rd
Green Belt - 2 board max.	1st, 2nd, 3rd
White/Yellow/Orange Belt - 1 board max.	1st, 2nd, 3rd

### Women Breaking / Age 18 - 49 - 12" pine boards

Black Belt - 4 board max.	1st, 2nd, 3rd
Brown/Red Belt - 2 board max.	1st, 2nd, 3rd
Blue Belt - 2 board max.	1st, 2nd, 3rd
Green Belt - 2 board max.	1st, 2nd, 3rd
White/Yellow/Orange Belt - 1 board max.	1st, 2nd, 3rd

### Juniors Breaking (Boys & Girls) - 12" pine boards

Black Belt - 4 board max.	1st, 2nd, 3rd
Brown/Red Belt - 2 board max.	1st, 2nd, 3rd
Blue Belt - 2 board max.	1st, 2nd, 3rd
Green Belt - 2 board max.	1st, 2nd, 3rd
White/Yellow/Orange Belt - 1 board max.	1st, 2nd, 3rd

### Pee Wee Breaking - 3/8" Demonstration Boards, 3 maximum

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Mini Pee Wee Breaking - 3/8" Demonstration Boards, 3 maximum

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Sub Mini Pee Wee Breaking - 3/8" Demonstration Boards, 3 maximum

Black Belt	1st, 2nd, 3rd
Brown/Red Belt	1st, 2nd, 3rd
Blue Belt	1st, 2nd, 3rd
Green Belt	1st, 2nd, 3rd
White/Yellow/Orange Belt	1st, 2nd, 3rd

### Senior Breaking (All Belts age 50 and over) - 12" pine boards

Black Belt - 4 board max.	1st, 2nd, 3rd
Brown/Red/Blue Belt - 2 board max.	1st, 2nd, 3rd
White/Yellow/Orange/Green Belt - 1 board max.	1st, 2nd, 3rd

IMPORTANT: All Divisions subject to change at discretion of Tournament Director.

A Grand Championship trophy awarded in Adult Form, Youth Form, Color Belt Weapon Form, Black Belt Weapon Form, and Adult Black Belt Men Free Fighting competition.

# Chung Kim's 47th Annual US Open Metropolitan Tae Kwon Do Championship



Dear Instructors and Students:

Welcome to a day of challenges, successes, learning, and performance of your Martial Art skills!

All of us at Chung Kim's Black Belt Academy wish our fellow Martial Artists a successful year of competition. It is with pleasure that we present our **47th U.S. Open Metropolitan Tae Kwon Do Championship**. It is our objective to see that this tournament reflects a climate of friendship, good sportsmanship and Tae Kwon Do fraternity that will ensure a fair and satisfying experience for all. With your cooperation these goals will be achieved.

Eliminations start promptly at 10:30 a.m. and competition at all levels will occur simultaneously. We have placed a strong emphasis on organization so that the eliminations will proceed rapidly. Tournament rules will be strictly enforced, with no exceptions, for the benefit of everyone. Grand Champion trophies will be awarded to the top winners in the Adult Form, Youth Form, Color Belt Weapons Forms, Black Belt Weapons Forms, and Black Belt Men Free Fighting divisions.

If you have any questions, please don't hesitate to contact us. We look forward to seeing you on Saturday, April 27th.

Sincerely,  
Chung Eun Kim's  
Tournament Directors

In honor of  
Grand Master Chung Eun Kim



PS: Remember to pre-register  
by April 6th.



# 47th U.S. Open (Metropolitan) Tae Kwon Do Championships

## TOURNAMENT RULES

### Appearance

Each contestant will compete in a clean uniform. Jewelry or trinkets of any kind are not to be worn.

### Male competitors must wear groin support and cup for Fighting.

Hand and foot protection is required of all competitors. Head protection and mouth guards are recommended for all.

### How winner is determined

In free-fighting competition, the winner is the contestant who scores three points first, or scores the most points at the end of two minutes. These points are awarded by decision of the corner judges and referee. One point is awarded for a hand or foot technique to a legal, mid-section target. One point is awarded for a foot technique to a legal high-section target. There is to be no hand contact to the head.

### Legal and illegal target zones

The only legal target areas are high section (from neck up) for feet techniques, and middle section (from lower abdomen to neck) including both sides of the torso and the armpit, for hand and feet techniques. Techniques are to be controlled to 2 1/2 cm. or under. Light uniform contact indicates this.

Illegal target areas are the whole of the spinal column. i.e.; neck, back of head (any hand techniques), backbone, groin, knees, throat, eyes. Blind techniques are prohibited.

### Attacking weapons.

The only attacking tools to be used are the front fist, back fist, knife hand, back-knife hand, ball of the foot, heel, knife foot and instep of the foot.

### Illegal techniques

Sweeping, biting, scratching, holding or clawing, intentionally avoiding close contact and attacking illegal target areas are prohibited.

### Warnings, point loss and disqualification

Warnings will be issued for rule infractions. Three warnings constitute one minus point. Quarreling with any judge, attempting to end a match by injury of opponent or the infliction of bruising, swelling, cut or bleeding will result in disqualification. The referee has the power to disqualify any contestant at any time.

### Grand Championship (Black Belt Fighting)

The grand championship match shall consist of two, two-minute rounds with a one minute rest between rounds.

### Forms

Forms will be judged by a panel of judges. A possible ten points may be awarded by each judge.

### COLOR BELT & BLACK BELT WEAPONS FORMS

Weapons forms will be done in a Grand Champion elimination format. No musical forms and **no live blades.**

**No Live Blades!  
No Musical Forms!**

### BOARD Breaking Competition\*

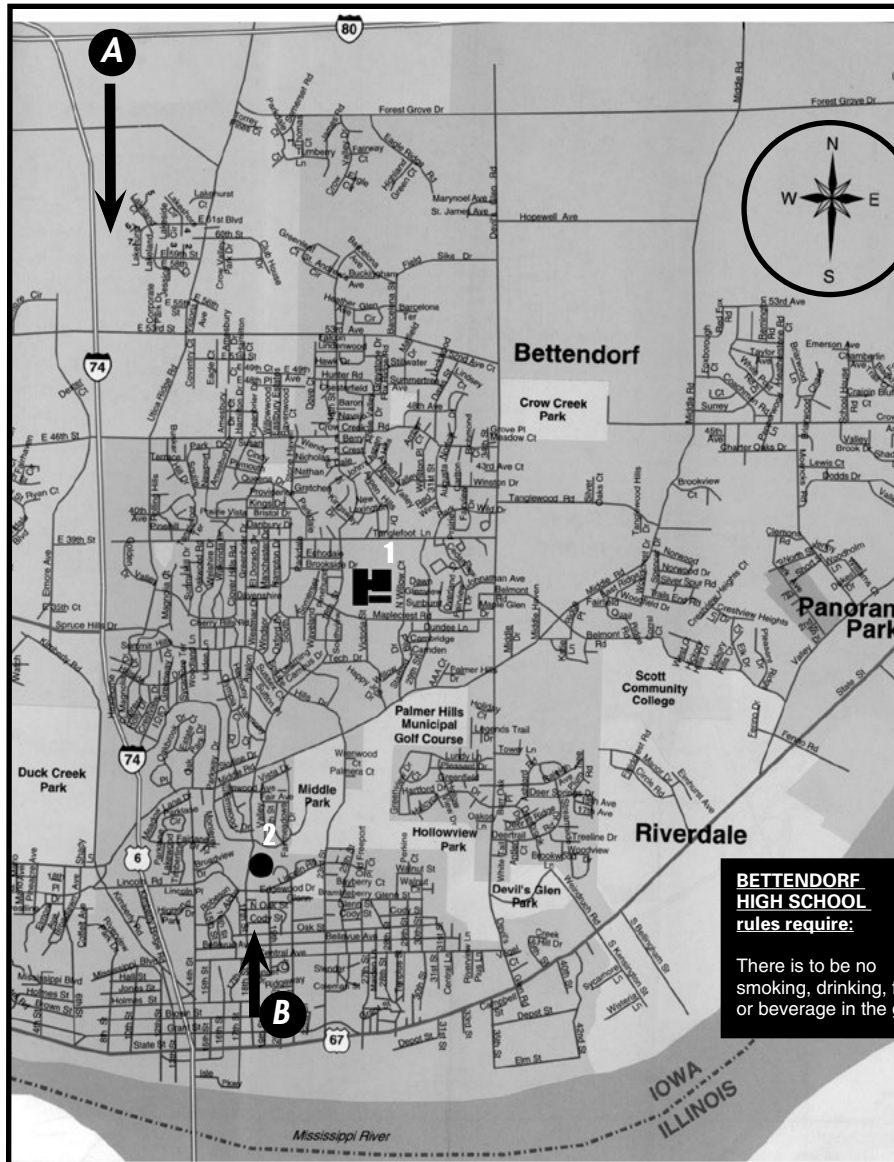
**Sub Mini Pee Wee** (ages 5-7), **Mini Pee Wee** (ages 8-10), and **Pee Wee** (ages 11-13) will be breaking **3/8" DEMO BOARDS** available for \$1.50/ board at the tournament registration table. \*IMPORTANT: **3 board maximum**, and a maximum time of **1 minute** allowed to set-up and complete breaking.

**Juniors** (ages 14-17) and **Adults & Seniors** will be breaking **12" Pine Boards**. (Bring your own boards - 1"x12"x12" Pine Boards ONLY)

\*IMPORTANT: **White-Orange - 1 board max., Green-Brown - 2 board max., & Black Belts - 4 board max.**, a maximum time of **1 minute** allowed to set-up and complete breaking.

### Miscellaneous

Anything which is not covered by these rules shall be decided by the Tournament Director as shall any dispute over the interpretation of the rules.



**Map To The  
Tournament Venue  
Bettendorf High  
School Gymnasium  
3333 18th Street  
Bettendorf, IA**

**A**

### Route I-80. From Des Moines or Chicago

From Iowa East or West I-80 go to:  
I-74 south  
To Spruce Hills Dr., turn left (east)  
To 18th St, turn left (north)

**B**

### From Iowa Route 61

South or North on Route 61  
Turn North on 18th St  
Pass CKBBA (on right)  
Continue approx. 1.5 miles  
on 18th St. to Bettendorf  
High School (on right)

KEY:

1. Bettendorf High School
2. Chung Kim's Black Belt Academy

**Chung Kim's 47th Annual  
US Open Metropolitan  
Tae Kwon Do Championship**

**BETTENDORF  
HIGH SCHOOL  
rules require:**

There is to be no  
smoking, drinking, food  
or beverage in the gym.

