

APRIL 2019



"I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times" - Bruce Lee

Notes for this month:

- Pre-Testing for the April 6th promotions will begin on Monday, April 1st. This promotion includes Dan testing. Testing times, by current rank, are listed at: <http://www.chungkim.com/calofevents.html>
Please only wear your doboks with patches on.
- **We will be hosting the 47th Annual Chung Kim's Metropolitan Tournament on Saturday April 27th.** The event will be held in the Bettendorf High School Gym and is open to all ages and ranks. Save the date! More information is available at chungkim.com. **Pre-register by April 6, 2019 and receive 10% off registration fee.**
- **Please do not come to class if you are ill.** Stay home, rest to get better. Please don't risk the health of your fellow students!

MON	TUE	WED	THU	FRI	SAT
1 Pre-Testing	2 Pre-Testing	3 Pre-Testing	4 Pre-Testing	5 Pre-Testing	6 PROMOTIONS
8 CLOSED FOR CLEANING	9	10	11 Tiger Makeup Test	12 Tae Kwon Do Makeup Test	13
15	16	17	18	19	20 Black Belt Class Includes Red Belt and Above
22	23	24	25	26	27 Tournament
29	30	1	2	3	4

Weekly Class Schedule

	MON	TUE	WED	THU	FRI	SAT
BETTENDORF	Tigers 5pm	Tigers 5:30pm	Tigers 5pm	Tigers 5:30pm	Tae Kwon Do 5pm	Hap Ki Ye 8:30am
	Tae Kwon Do 11am, 6pm*	Tae Kwon Do 5:30pm*	Tae Kwon Do 11am, 6pm*	Tae Kwon Do 5:30pm*	Hap Ki Ye 5pm	Black Belt Class 9:45am (1st Gup Brown Belt and Above unless indicated above)
	Women's Self Defense 5 PM***	Little Pandas 5:30 and 6 PM**		Little Pandas 5:30 and 6 PM**		
All class times are one hour, except during Tae Kwon Do* or Black Belt classes. Back Belt class length varies, but will be approximately 90 min for all students. *Tae Kwon Do classes marked with an * will include an additional 30 minutes for Blue-Black Belts and above students. **Little Pandas class is a 30 minutes class.						
DAVENPORT	Tae Kwon Do 6pm	Tae Kwon Do 6pm	Tae Kwon Do 6pm	Tae Kwon Do 6pm	Tae Kwon Do 6pm	



**CHUNG KIM'S
BLACK BELT ACADEMY**
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